

# A LOCAL NONCOLLAPSING ESTIMATE FOR MEAN CURVATURE FLOW

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ABSTRACT. We prove a local version of the noncollapsing estimate for mean curvature flow. By combining our result with earlier work of X.-J. Wang, it follows that certain ancient convex solutions that sweep out the entire space are noncollapsed.

## 1. INTRODUCTION

A crucial property of mean curvature flow is that embeddedness is preserved under the evolution, and this property is especially consequential in the class of mean-convex flows. Indeed, White [6, 7] proved several important results on singularities of embedded, mean-convex flows. Among other things, White showed certain “collapsed” singularity models, like the grim reaper or the multiplicity-two hyperplane, cannot arise as blow-up limits of embedded mean-convex flows.

In [4], Sheng and Wang introduced a quantitative version of the concept of embeddedness. Let  $M_t$  be a family of embedded, mean-convex hypersurfaces evolving by mean curvature flow. We say that the flow  $M_t$  is  $\alpha$ -noncollapsed if

$$\frac{1}{2} \alpha^{-1} H(x, t) |x - y|^2 - \langle x - y, \nu(x, t) \rangle \geq 0$$

for all points  $x, y \in M_t$ . This concept has a natural geometric interpretation. A flow is  $\alpha$ -noncollapsed if, for every point  $x \in M_t$ , there exists a ball of radius  $\alpha H(x, t)^{-1}$  which lies in the inside of  $M_t$  and which touches  $M_t$  at  $x$ .

It is a consequence of White’s work that every compact, embedded, mean-convex solution of mean curvature flow is  $\alpha$ -noncollapsed, for some  $\alpha > 0$ , up to the first singular time. Alternative proofs of this result were given by Sheng and Wang [4] and by Andrews [1]. In [2], the first author proved a sharp version of this noncollapsing estimate. More precisely, if we start from a closed, embedded, mean-convex solution of mean curvature flow, then every blow-up limit is 1-noncollapsed.

In this note, we prove a local version of the noncollapsing estimate for the mean curvature flow.

**Theorem 1.** *Let us fix radii  $R$  and  $r$  such that  $R \geq \sqrt{1 + 3n} r$ . Moreover, let  $\Lambda$  be a positive real number. Let  $M_t, t \in [-r^2, 0]$ , be an embedded solution*

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of mean curvature flow in the ball  $B_{3R}(0)$  satisfying  $R^{-1} \leq \Lambda H$  and  $|A| \leq \Lambda H$  for all  $t \in [-r^2, 0]$  and all  $x \in M_t \cap B_{\sqrt{1+3n}r}(0)$ . Moreover, suppose that

$$\frac{1}{2} \Lambda H(x, -r^2) |x - y|^2 - \langle x - y, \nu(x, -r^2) \rangle \geq 0$$

for all  $x \in M_{-r^2} \cap B_{\sqrt{1+3n}r}(0)$  and all  $y \in M_{-r^2} \cap B_{3R}(0)$ . Then

$$\Lambda (2 + 6n)^4 H(x, t) |x - y|^2 - \langle x - y, \nu(x, t) \rangle \geq 0$$

for all  $t \in [-r^2, 0]$ , all  $x \in M_t \cap B_{\frac{r}{2}}(0)$ , and all  $y \in M_t \cap B_{3R}(0)$ .

The proof of Theorem 1 relies on two main ingredients. The first is the evolution equation from [2] for the reciprocal of the inscribed radius. The second is a particular choice of cutoff function inspired in part by the work of Ecker and Huisken [3]. The argument can be readily adapted to fully nonlinear flows given by speeds  $G = G(h_{ij}) > 0$  which are homogeneous of degree one, concave, and satisfy  $0 < \frac{\partial G}{\partial h_{ij}} \leq K g_{ij}$  for a uniform constant  $K$ .

Let us now discuss an application of the main theorem.

**Corollary 2.** *Let  $\Lambda$  be a positive real number. Let  $M_t$ ,  $t \in (-\infty, 0]$ , be an embedded ancient solution of mean curvature flow in  $\mathbb{R}^{n+1}$  such that  $H > 0$  and  $|A| \leq \Lambda H$  at each point in space-time. Suppose that there exists a sequence of times  $t_j \rightarrow -\infty$  such that*

$$\frac{1}{2} \Lambda H(x, t_j) |x - y|^2 - \langle x - y, \nu(x, t_j) \rangle \geq 0$$

for all  $x \in M_{t_j} \cap B_{\sqrt{-(1+3n)t_j}}(0)$  and all  $y \in M_{t_j}$ . Then

$$\Lambda (2 + 6n)^4 H(x, t) |x - y|^2 - \langle x - y, \nu(x, t) \rangle \geq 0$$

for all  $t \in (-\infty, 0]$ , all  $x \in M_t$ , and all  $y \in M_t$ .

To deduce Corollary 2 from Theorem 1, we put  $r_j = \sqrt{-t_j}$ . Moreover, for each  $j$ , we choose  $R_j$  large enough so that  $R_j \geq \sqrt{-(1+3n)t_j}$  and  $R_j^{-1} \leq \Lambda H$  for all  $t \in [t_j, 0]$  and all  $x \in M_t \cap B_{\sqrt{-(1+3n)t_j}}(0)$ . If we apply Theorem 1 and take the limit as  $j \rightarrow \infty$ , the assertion follows.

**Corollary 3.** *Let  $M_t$ ,  $t \in (-\infty, 0]$ , be a convex ancient solution of mean curvature flow in  $\mathbb{R}^{n+1}$  with  $H > 0$ . Suppose that there exists a sequence  $t_j \rightarrow -\infty$  such that the rescaled hypersurfaces  $(-t_j)^{-\frac{1}{2}} M_{t_j}$  converge in  $C_{\text{loc}}^\infty$  to a cylinder  $S^{n-k} \times \mathbb{R}^k$  with multiplicity 1, where  $k \in \{0, 1, \dots, n-1\}$ . Then there exists a constant  $\Lambda(n)$  such that*

$$\Lambda(n) H(x, t) |x - y|^2 - \langle x - y, \nu(x, t) \rangle \geq 0$$

for all  $t \in (-\infty, 0]$ , all  $x \in M_t$ , and all  $y \in M_t$ .

In [5], X.-J. Wang considered ancient solutions to mean curvature flow that can be expressed as level sets  $M_t = \{u = -t\}$ , where  $u$  is a convex function which is defined on the entire space  $\mathbb{R}^{n+1}$  and satisfies

$$\sum_{i,j=1}^{n+1} \left( \delta_{ij} - \frac{D_i u D_j u}{|\nabla u|^2} \right) D_i D_j u = 1.$$

Wang showed that such ancient solutions admit a blow-down limit which is a cylinder  $S^{n-k} \times \mathbb{R}^k$  with multiplicity 1, where  $k \in \{0, 1, \dots, n-1\}$  (see [5], Theorem 1.3). By Corollary 3, such an ancient solution must be noncollapsed.

## 2. PROOF OF THEOREM 1

By scaling, it suffices to prove the assertion for  $r = 1$ . Let us fix a radius  $R \geq \sqrt{1+3n}$ . Moreover, we fix a positive real number  $\Lambda$ . Let  $M_t$ ,  $t \in [-1, 0]$ , be an embedded solution of mean curvature flow in the ball  $B_{3R}(0)$  satisfying  $R^{-1} \leq \Lambda H$  and  $|A| \leq \Lambda H$  for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1+3n}}(0)$ . Moreover, we assume that

$$\frac{1}{2} \Lambda H(x, -1) |x - y|^2 - \langle x - y, \nu(x, -1) \rangle \geq 0$$

for all  $x \in M_{-1} \cap B_{\sqrt{1+3n}}(0)$  and all  $y \in M_{-1} \cap B_{3R}(0)$ .

We define a function  $\varphi$  by

$$\varphi(x, t) := (2\Lambda)^{-\frac{1}{4}} (1+3n)^{-1} (1 - |x|^2 - 3nt)$$

for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ . Moreover, we define

$$\Phi(x, t) := \varphi(x, t)^{-4} H(x, t)$$

for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ . In the following, let  $\lambda_1 \leq \dots \leq \lambda_n$  denote the eigenvalues of the second fundamental form.

**Lemma 4.** *We have  $\Phi \geq 2\Lambda H$  for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ . Moreover, the eigenvalues of the second fundamental form satisfy  $|\lambda_i| \leq \frac{\Phi}{2}$  for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ .*

**Proof.** By definition,  $\varphi \leq (2\Lambda)^{-\frac{1}{4}}$  and  $\Phi \geq 2\Lambda H$  for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ . This proves the first statement.

To prove the second statement, we observe that  $|A| \leq \Lambda H \leq \frac{\Phi}{2}$  for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ . This completes the proof of Lemma 4.

**Lemma 5.** *The function  $\varphi$  satisfies*

$$\frac{\partial \varphi}{\partial t} - \Delta \varphi < 0$$

for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ .

**Proof.** We compute

$$\frac{\partial \varphi}{\partial t} - \Delta \varphi = -(2\Lambda)^{-\frac{1}{4}} (1 + 3n)^{-1} n < 0$$

for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ .

**Lemma 6.** *The function  $\Phi$  satisfies*

$$\frac{\partial \Phi}{\partial t} - \Delta \Phi - |A|^2 \Phi + 2 \sum_{i=1}^n \frac{(D_i \Phi)^2}{\Phi - \lambda_i} > 0$$

for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ .

**Proof.** Using Lemma 5, we obtain

$$\begin{aligned} \frac{\partial \Phi}{\partial t} - \Delta \Phi &= \varphi^{-4} \left( \frac{\partial H}{\partial t} - \Delta H \right) - 4 \varphi^{-5} H \left( \frac{\partial \varphi}{\partial t} - \Delta \varphi \right) \\ &\quad - \frac{4}{3} \varphi^{-4} H \left| \frac{\nabla H}{H} - 4 \frac{\nabla \varphi}{\varphi} \right|^2 + \frac{4}{3} \varphi^{-4} H \left| \frac{\nabla H}{H} - \frac{\nabla \varphi}{\varphi} \right|^2 \\ &> |A|^2 \varphi^{-4} H - \frac{4}{3} \varphi^{-4} H \left| \frac{\nabla H}{H} - 4 \frac{\nabla \varphi}{\varphi} \right|^2 \\ &= |A|^2 \Phi - \frac{4}{3} \frac{|\nabla \Phi|^2}{\Phi} \end{aligned}$$

for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ . Moreover, it follows from Lemma 4 that  $\frac{\Phi}{2} \leq \Phi - \lambda_i \leq \frac{3\Phi}{2}$  for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ . Consequently,

$$\frac{\partial \Phi}{\partial t} - \Delta \Phi > |A|^2 \Phi - \frac{4}{3} \frac{|\nabla \Phi|^2}{\Phi} \geq |A|^2 \Phi - 2 \sum_{i=1}^n \frac{(D_i \Phi)^2}{\Phi - \lambda_i}$$

for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ . This completes the proof of Lemma 6.

We next define

$$Z(x, y, t) := \frac{1}{2} \Phi(x, t) |x - y|^2 - \langle x - y, \nu(x, t) \rangle$$

for  $t \in [-1, 0]$ ,  $x \in M_t$ , and  $y \in M_t$ .

**Lemma 7.** *We have  $Z(x, y, t) \geq 0$  for all  $t \in [-1, 0]$ , all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ , and all  $y \in M_t \cap B_{3R}(0)$ .*

**Proof.** Suppose that the assertion is false. Let  $J$  denote the set of all times  $t \in [-1, 0]$  with the property that we can find a point  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$  and a point  $y \in M_t \cap B_{3R}(0)$  such that  $Z(x, y, t) < 0$ . Moreover, we define  $\bar{t} := \inf J$ .

By definition,  $Z(x, y, t) \geq 0$  for all  $t \in [-1, \bar{t})$ , all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ , and all  $y \in M_t \cap B_{3R}(0)$ . Moreover, we can find a sequence of times  $t_j \in J$

such that  $t_j \rightarrow \bar{t}$ . For each  $j$ , we can find a point  $x_j \in M_{t_j} \cap B_{\sqrt{1-3nt_j}}(0)$  and a point  $y_j \in M_{t_j} \cap B_{3R}(0)$  such that  $Z(x_j, y_j, t_j) < 0$ . Clearly,  $x_j \neq y_j$ , and

$$\frac{2 \langle x_j - y_j, \nu(x_j, t_j) \rangle}{|x_j - y_j|^2} > \Phi(x_j, t_j).$$

Using the Cauchy-Schwarz inequality, we obtain

$$\frac{2}{|x_j - y_j|} > \Phi(x_j, t_j) \geq 2\Lambda H(x_j, t_j) \geq 2R^{-1}.$$

In other words,  $|x_j - y_j| \leq R$ . After passing to a subsequence, the points  $x_j$  converge to a point  $\bar{x} \in M_{\bar{t}}$  satisfying  $|\bar{x}| \leq \sqrt{1-3n\bar{t}}$ . Moreover, the points  $y_j$  converge to a point  $\bar{y} \in M_{\bar{t}}$  satisfying  $|\bar{x} - \bar{y}| \leq R$ . In particular,  $|\bar{y}| \leq \sqrt{1+3n} + R \leq 2R$ .

If  $|\bar{x}| = \sqrt{1-3n\bar{t}}$  and  $\bar{x} \neq \bar{y}$ , then

$$\frac{2 \langle \bar{x} - \bar{y}, \nu(\bar{x}, \bar{t}) \rangle}{|\bar{x} - \bar{y}|^2} = \limsup_{j \rightarrow \infty} \frac{2 \langle x_j - y_j, \nu(x_j, t_j) \rangle}{|x_j - y_j|^2} \geq \limsup_{j \rightarrow \infty} \Phi(x_j, t_j) = \infty,$$

which is impossible.

If  $|\bar{x}| = \sqrt{1-3n\bar{t}}$  and  $\bar{x} = \bar{y}$ , then

$$\lambda_n(\bar{x}, \bar{t}) \geq \limsup_{j \rightarrow \infty} \frac{2 \langle x_j - y_j, \nu(x_j, t_j) \rangle}{|x_j - y_j|^2} \geq \limsup_{j \rightarrow \infty} \Phi(x_j, t_j) = \infty,$$

which is impossible.

If  $|\bar{x}| < \sqrt{1-3n\bar{t}}$  and  $\bar{x} = \bar{y}$ , then

$$\lambda_n(\bar{x}, \bar{t}) \geq \limsup_{j \rightarrow \infty} \frac{2 \langle x_j - y_j, \nu(x_j, t_j) \rangle}{|x_j - y_j|^2} \geq \limsup_{j \rightarrow \infty} \Phi(x_j, t_j) = \Phi(\bar{x}, \bar{t}),$$

which contradicts Lemma 4.

Therefore, we must have  $|\bar{x}| < \sqrt{1-3n\bar{t}}$  and  $\bar{x} \neq \bar{y}$ . Moreover,

$$\frac{2 \langle \bar{x} - \bar{y}, \nu(\bar{x}, \bar{t}) \rangle}{|\bar{x} - \bar{y}|^2} = \limsup_{j \rightarrow \infty} \frac{2 \langle x_j - y_j, \nu(x_j, t_j) \rangle}{|x_j - y_j|^2} \geq \limsup_{j \rightarrow \infty} \Phi(x_j, t_j) \geq \Phi(\bar{x}, \bar{t}).$$

We claim that  $\bar{t} \in (-1, 0]$ . Indeed, if  $\bar{t} = -1$ , then our assumption implies

$$\frac{2 \langle \bar{x} - \bar{y}, \nu(\bar{x}, \bar{t}) \rangle}{|\bar{x} - \bar{y}|^2} \leq \Lambda H(\bar{x}, \bar{t}) < \Phi(\bar{x}, \bar{t}),$$

which is impossible. Consequently,  $\bar{t} \in (-1, 0]$ .

To summarize, we have shown that  $\bar{t} \in (-1, 0]$ ,  $Z(\bar{x}, \bar{y}, \bar{t}) \leq 0$ , and  $Z(x, y, t) \geq 0$  for all  $t \in [-1, \bar{t}]$ , all  $x \in M_t \cap B_{\sqrt{1-3nt}}(0)$ , and all  $y \in M_t \cap B_{3R}(0)$ . Arguing as in the proof of Proposition 2.3 in [2], we conclude that

$$\frac{\partial \Phi}{\partial t} - \Delta \Phi - |A|^2 \Phi + 2 \sum_{i=1}^n \frac{(D_i \Phi)^2}{\Phi - \lambda_i} \leq 0$$

at the point  $(\bar{x}, \bar{t})$ . This contradicts Lemma 6. This completes the proof of Lemma 7.

We now complete the proof of Theorem 1. By definition,  $\varphi(x, t) \geq (2\Lambda)^{-\frac{1}{4}}(2 + 6n)^{-1}$  and  $\Phi(x, t) \leq 2\Lambda(2 + 6n)^4 H(x, t)$  for all  $t \in [-1, 0]$  and all  $x \in M_t \cap B_{\frac{1}{2}}(0)$ . Using Lemma 7, we conclude that

$$\Lambda(2 + 6n)^4 H(x, t) |x - y|^2 - \langle x - y, \nu(x, t) \rangle \geq Z(x, y, t) \geq 0$$

for all  $t \in [-1, 0]$ , all  $x \in M_t \cap B_{\frac{1}{2}}(0)$ , and all  $y \in M_t \cap B_{3R}(0)$ . This completes the proof of Theorem 1.

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